

Community Resources

**Compiled by:
Council on Crime and Justice**

Last Updated: 4/14/06
(in process)

*Resources marked with an * focus on ex-felons. Other resources provide services to many groups, including ex-felons. Information is subject to change periodically. Please stay in contact for more updated information.*

Contact:
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Minneapolis, MN 55415
612-328-7874

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*** Alternatives to Violence Support Group**

Friends for a Non-Violent World
1050 Selby Ave
St Paul, MN 55104
(651) 917-0383
(651) 644-5851

Email: avp@fnvw.org

Contact: Abdul-Hakim As-Siddiq

Support group is every Wednesday from 7:00 to 8:30 pm at the FNVW office.

*** Al-Furqan Educational Institute**

University Technology Center
1313 5th Street Suite 121B
Minneapolis, MN 55414
(612)378-3486

<http://www.alfurqaned.com>

Provides prison outreach and reentry support from an Islamic perspective.

***Correctional Transition Services, Inc.**

2308 Dowling Ave North.
Minneapolis, MN 55412.

Paul Kustermann, Executive Director, Phone: 612 588-7530

paulk@ctsihome.org

Comprehensive reentry services.

***Men's Transitions Support Group**

Mt. Olive Lutheran Church

3045 Chicago Ave. So. Minneapolis

Contact: 612-348-8570 for

Reginald Sweet reginald@amicususa.org or

Devin Miller devin@amicususa.org

A support group for ex-offenders; meets every Saturday morning from 9:00 a.m. to 11:00 a.m.

*** Next Frontiers**

Steve Thomas
612-325-7856

steve@thenextfrontier.org

Working with several service groups (TC RISE!, RS Eden, Medica etc.) to develop a comprehensive "product" that effectively assists single men who frequent social service systems (medical, homelessness, prison, mental health, substance abuse etc.).

*** Re-Integration Support for Men Transitioning out of Prison Meetings**

The Center for Fathering

3026 4th Ave. So. Minneapolis
John Turnipseed
612-822-0802
Meets every Tuesday from 5:00 – 7:00 PM

*** Transitional Conferencing**

Phone: (651) 774-8709

<http://www.transitionalconferencing.org/>

Transitional Conferencing is a Restorative Justice process for incarcerated men and women and their families to help them prepare for reintegration. Meets with families and offenders while incarcerated. Call to set up services.

*** Transitions Drop-In Support Group (8/15/06)**

The Men's Center
3249 Hennepin Ave. # 55, Mpls
612-822-5892 (Randy)
www.tcmc.org

Men in Transition- Wednesday's 7:30-9:30pm - topics focus on the difficulties men face when reentering the community from prison environment- Choosing Healthy Sexual Boundaries- Saturdays 10-noon

Catholic Charities (1/12/06)

215 Old 6th Street, St. Paul
1200 2nd Avenue South, Minneapolis
651-222-3001 (Chris Beamish)
Short and long-term counseling for individual, couples, and families. Intake by telephone only.

Upper Midwest American Indian Center (1/12/06)

1035 West Broadway Ave.
Minneapolis, MN 55411
Contact: Judy Azure
612-522-4436, judyazure@yahoo.com
Individual/Family Counseling for Native Americans. Sliding fee scale. Will not refuse if unable to pay.

*** FreedomWorks**

Post-Prison Outreach

P.O. Box 22703
Minneapolis, MN 55422-0703
Contact: Nina Coleman
612-278-1758: office
763-242-6116: cell
ncoleman@fwppo.org
www.freedomworkspopo.org

Urban Oasis Children and Family Services

5144 13th Ave. So.
Minneapolis, MN 55417
612-822-992-, Ext. 5
Provides advocacy and employment assistance to ex-offenders and their families.

Phone / Crisis Assistance

Last Update: 8/14/06

Amicus

100 N. 6th St., Suite 529B

Minneapolis, MN 55403
Contact: Traci Valentine, 651-224-1666
Offers free counseling sessions on Tuesdays. Call for an appointment. Traci will be at Amicus for one year starting in Sept. 2006.

Crisis Connection

(612) or (1-866) 379-6363,
Men's Line: (612) or (1-866) 379-6367
24-hour, seven day a week, crisis counseling, information, and referrals.
www.crisis.org

Hennepin County Medical Center

Acute Psychiatric Services:
701 Park Avenue
Minneapolis, MN 55415
24-hour walk-in crisis intervention and call lines

- Crisis Intervention:
612-873-3161
- Suicide Prevention:
612-873-2222

Offers crisis counseling, assessment and referral.

Walk-In Counseling Center (WICC)

2421 Chicago Ave. S
Minneapolis, MN, 612-870-0565
M, W, F: 1-3pm and M-Th: 6:30-8:30pm
www.walkin.org
Short-term, face-to-face counseling, and referrals.

AIDS Hotline

612-373-AIDS or
1-800-248-AIDS
9am – 9pm M-TH
9am – 6pm F

Metro Shelter Hotline

1-888-234-1329

Domestic Abuse Project

612-874-7063
9am – 5pm
www.domesticabuseproject.org
Offers advocacy and therapy services to victims and offenders.

Rape & Sexual Abuse Center

2431 Hennepin Ave. S.
Minneapolis, MN 55405
612-374-9077
24-hour Help Line: 612-825-4357
Provides affordable and qualified assistance to victims of sexual violence and their families.

Child Protection – Hennepin County

24-hour Child Protection reporting line:
612-348-3552

Caller's identity is confidential and will not be revealed.
Callers may remain anonymous.

Greater Minneapolis Crisis Nursery

4544 4th Ave. S.
Minneapolis, MN 55419

And

5400 Glenwood Ave.
Golden Valley, MN 55422
Helpline: 763-591-0100
Office: 763-591-0400

www.crisisnursury.org

24-hour parent helpline, crisis counseling, 72-hour residential child care, in-home visits, parent education, referrals

Pillsbury Crisis Nursery

612-302-3500

9am – 5pm direct

(After hours answered by collaborative agencies ready to assist.)

Crime Victim Services

Council on Crime and Justice

612-340-5400

24-hour hotline offering crisis counseling, information and referrals to victims of crime.

Hennepin County Information

Operations/General Information

612-348-3000

Transportation

Bus Passes

Last Contact: 10/29/04

*** AMICUS/Reconnect (1/12/06)**

100 North 6th St, Suite 529B

Minneapolis, MN 55403-1503

(612) 348-8570 Ext. 18

Contact: Ruth Johnson

www.amicususa.org

(Felons only). Must have new job or preparing to start.

NE Minneapolis Salvation Army

2727 Central Ave NE

Mpls. MN

612-789-1512

Provide bus passes- must call and make appointment to determine eligibility.

*** St. Stephen's Community Center**

2211 Clinton Ave. South

Minneapolis, MN 55404-3556

(612) 874-9292

Contact: Richard Amos

Clothing

Last Update: 12/3/04

The following resources may offer a limited amount of free clothing and/or household goods; have a limited number of visits per week.

**Oak Park Neighborhood Center
"Clothes Attic"**

1701 Oak Park Avenue North Minneapolis, MN
(612) 377-7000

8:30am – 7pm M-Th

8:30am – 5pm Clothing available at no cost.

Must be working 6 months or more. Valid license and living in the current district.

Also available: Salon. Free for people with children under 17 living at home.

After school program, Crisis nursery

Offer a chance to earn money for college by working for their program.

People's Exchange

3023 4th Avenue South

Minneapolis, MN

(612) 822-1634

Clothing and hygiene items available.

Hallie Q. Brown/MLK Center

100 North Oxford

Saint Paul, MN

(651) 224-4601

10am – 1:30pm M-F

Free clothing; open to anyone.

Last Contact: 10/29/04

Joseph's Coat

1107 West 7th St.

Saint Paul, MN

(651) 291-2472

9:30am – 4:30pm M and W

Free clothing available. Need ID.

May shop once a week.

Sharing and Caring Hands (Mary Jo's)

525 No 7th St

Minneapolis, MN

612-338-4640

8:30am – 4:30pm M-Th

Silver Angel Thrift Store

2851 Johnson St NE

Minneapolis, MN

612-789-0600

11am – 6pm T-F

10am – 4pm Sat

Items are free with a referral from a social service agency (Example: church, food shelf, welfare, etc.)

Salvation Army Store

2822 Washington Ave No.

529-4077

M – F 9am – 5:30pm

Salvation Army – NE Minneapolis

2727 Central Ave. NE
Minneapolis, MN
612-789-1512

Other services include: food shelf, furniture, transportation, etc.

St. Luke's Swap Shop

1079 Summit Ave.
St. Paul, MN 55105
651-291-7766

Open Saturdays from 1:00 – 3:00 when school is in session (not summers).

Contact: Joe Claus

**Clothes Closet –
Central Lutheran Church**

333 South 12th St.
Minneapolis, MN
612-870-4416

September – June
9:30am – 12:00pm M
1pm – 2:30pm Th

Cornerstone Ministry

3400 Park Ave.
Minneapolis, MN
612-825-6863

Contact: Wanda
1pm – 4pm T
2pm – 5pm Th

\$1.00 per brown bag of clothing

St. Stephen's Free Store

2211 Clinton Ave. S.
Minneapolis, MN
612-874-0311

8:30am – 11:30am T-Th

Sabathani Community Center

310 East 38th St.
Minneapolis, MN
612-821-2347

9am – 12pm & 1pm – 4pm T-Th

Other services also available

Oliver Presbyterian Church

2647 Bloomington Ave. S
Minneapolis, MN
612-722-9519

Contact: Pastor Dan
September – June

9am – 11am or by appointment

**Urban Ventures-
Central Community Church**

3041 4th Ave. S
Minneapolis, MN
612-822-1628

9am – 11am T-Th

Also offer some personal items and emergency diapers.

Baptist Church

1118 South 8th St.
Minneapolis, MN
612-332-5904

9:30 – 11am M

Occasionally 1pm – 5pm Sat.

(Call Friday to see if they will be open Saturday)

Basilica of St. Mary's– Updated 8-25-06

Located on the corner on Hennepin and N. 17th St. in Minneapolis

612-333-1381

Outreach Services:

Tuesday-Thursday 9:30-11:30am

Bus cards available for new work. Must be a Mpls.

Resident and confirm work with official letter. Bus passes also available for confirmed funeral of a family member.

Gas vouchers available to those with valid DL, new work not required. Also provides fees for state ID's, birth certificates etc.

Shoe Ministry:

Saturday's and Monday's 9:30am – 11am

Can receive a voucher for shoes once per year. Can only serve certain area codes, need proof of residency-shelters included. Area codes: 55401,55402, 55403, 55405, 55411.

The Unlimited – Elim Church

685 13th Ave. NE
Minneapolis, MN
612-789-3591

Open two Saturdays a month in the mornings. Call ahead.

Clothing for women entering the workforce.

Helpful when referred by agency, but not necessary.

**Calvary Church –
Calvary Kid's Stuff**

26th & Blaisdale
Minneapolis, MN
612-872-7855

9am – 1pm Sat

Clothing, toys, car seats

Mary Sandvik Center

1112 East Franklin Ave.
Minneapolis, MN
612-870-9617

Women's clothing given: 7pm on Tuesday & 1pm

Thursday. Sign up at noon for layette's & quilts given on

Thursday. Men's clothing given: 7pm Friday and Sunday.

Children's clothing and toys given: 1pm on Thursday

Another Chance

1109 West Broadway
Minneapolis, MN
612-302-9000

11am – 6pm Sat

Men, women, & children's clothing.

Fees: \$.95 or lower per price of clothing.

Lovepower Church

1407 Washington Ave. S
Minneapolis, MN
763-784-4466
1pm – 2:30pm last Sunday of the month.

Ready for Success

11562 Encore Circle
Minnetonka, MN
952-938-2333
Professional clothing for women returning to work.

The following resources will provide a clothing voucher for you if there's a need for work clothing and/or supplemental clothing for job interviews. Must come in and make application for employment:

Hired - South Minneapolis
Sabathani Community Center
310 E. 38th Street
Minneapolis, MN 55409
(612) 822-9071

Hired - St Paul
MN Workforce
494 Sibley Street
St Paul, MN 55103
(651) 221-0506
(651) 228-3283
Contact: Andrea

Furniture and Household Items

Last Update: 12/3/04

Bridging Inc.

201 West 87th St.
Bloomington, MN
952-888-1750
Contact: Barb Beyl
9am – 2:00pm T-Th
By appointment far in advance.
Must be referred by authorized agency.
Only allowed to use this service once.

Lutheran Social Services

“Repeatable”
4748 Chicago Ave. S
Minneapolis, MN
612-825-9631
10am – 4:30pm T-F
10am – 4pm F

Project for Pride in Living

850 15th Ave. NE
Minneapolis, MN
612-789-3322
9am – 6pm T, W, & F
9am – 8pm Th

9am – 5pm Sat
Clothing and household items

Sabathani Community Center

612-821-2304
Other services also available

G2 – Goodwill Warehouse

2505 University Ave.
Minneapolis, MN
651-603-1544
8:30am – 8:30pm M-F
8am – 6pm Sat
11am – 6pm Sun
Most furniture \$2 per item

Mary Jo’s / Sharing and Caring Hands

425 North 7th St.
Minneapolis, MN
612-338-4640
9:30am – 12pm & 1:30pm – 3:30pm M-Th
9:30am – 11:30am Sat & Sun

Pilot City Neighborhood

821 2nd Ave. N
Minneapolis, MN
612-381-1798
8:30am – 4pm M-F
Must do community hours in exchange for furniture.

Silver Angel

2851 Johnson St. NE
Minneapolis, MN
612-789-0600
11am – 6pm T-F
10am – 4pm Sat
Household goods and some furniture

Arc Hennepin Carver

4301 Highway 7
Minneapolis, MN
612-866-8820
Clothing, furniture, bedding, household items, toys, and tools.

Clothes Closet

Central Lutheran Church – MPLS

333 South 12th Street
Minneapolis, MN
612-870-4416
Household items and clothes.

East Metro Women’s Counsel

3521 Century Ave N
St. Paul, MN
651-773-8401
Household items, linens, furniture

Furniture Program, Blaine MN

763-783-4735

**South Suburban Furniture Connection, Apple Valley
MN**
952-891-1029

Twin Cities Community Voice Mail

Provides no-cost voice messaging to low income, phoneless individuals and families seeking housing, jobs, and health care. Some organizations providing these services are as follows:

* **AMICUS**
100 North 6th Street, Suite 529B
Minneapolis, MN 55403-1503
(612) 348-8570
Contact: Ruth Johnson

Alliance of the Streets (1/12/06)
330 East 22nd St.
Minneapolis, MN 55403
Contact: Mike Menner
(612) 870-0529
mmenner@ststephensmpls.org
Walk-in's rcvd M-F 10-4P.M.

Lutheran Social Services
2414 Park Avenue
Minneapolis, MN 55404
(612) 879-5348
Contact: Allan Dale
For housing search

Listening House (1/12/06)
215 9th Street West
St Paul, MN 55102
(651) 227-5911
email: listeninghousesp@yahoo.com
Limited availability voicemail for anyone low income seeking employment/housing. Provide assistance in obtaining photo i.d's & birth certificates.

Rental/Utility Assistance

North Minneapolis Salvation Army (1/12/06)
2024 Lyndale Ave N
Minneapolis, MN 55411
612-522-6581
Renting and mortgage assistance for low income.

St. Paul Salvation Army (1/12/06)
1019 Payne Ave
St.Paul, MN 55101
651-776-2653

Washington County Salvation Army (1/12/06)
5703 Omaha Ave #230
Stillwater, MN 55082
651-351-2440

WeCAN (1/12/06)
2434 Commerce Blvd
Mound, MN 55364
952-472-0742
Contact: Tracy
8:00 a.m. – 4:30p.m. M-F
Provides emergency rental assistance to qualifying persons living in: Mound, Spring Park, Rockford, Maple Pine, and St. Bonafacius,etc..
Also provide employment counseling.

Pilot City Neighborhood Services
1315 Penn Ave. N
Minneapolis, MN
612-348-4700
8:30am – 5pm M-F
Limited financial assistance to persons facing eviction due to non-payment of rent.
Offered to individuals living in North Minneapolis.
Food shelf case managers for additional referral.

Minneapolis Public Housing Authority
1001 Washington Ave. N
Minneapolis, MN
612-342-1210
8am – 4:30pm M-F
Rental assistance for families receiving public assistance and are participating in education job training.

Community Emergency Service
1900 11th Ave. S
Minneapolis, MN
612-870-1125
1:30pm – 4:15pm M-F
Or mornings by appointment
Housing Specialist: Josephine Howell 612-870-1069
Temporary rental assistance if not on county assistance and have received a threat of eviction for not paying rent.
Serves SE Minneapolis.

Transitional Housing

Last Contact: 10/29/04

* **Alliance Apartments**
719 East 16th Street
Minneapolis, MN 55404
(612) 630-3600
Contact: Bridgette Watson
Transitional housing and limited long term rental. 6 months to a year waiting list. No arson and/or sexual assault offenders.

* **Christian Restoration Services (2/24/06)**
Marcell Garretson
612.749.0227
Have male and female houses for ex-offenders in Minneapolis and Brooklyn Center. Generally charge \$400/month rent, but have access to assistance from

Hennepin County. To apply, call Marcell. He also helps people buy their own houses.

Salvation Army Harbor Lights Multi-Services Center

1010 Currie Ave. N.
Minneapolis, MN 55403
(651) 767-3100

Housing programs include emergency shelter and transitional housing program, substance abuse treatment and case management.

Our Savior's Housing

2219 Chicago Ave. S.
Minneapolis, MN 55404
(612) 872-4193
9am – 5pm M-F

Sober men and women transitional housing and emergency shelter.

3 apartment options available. 1 for men only, 1 for women only, and 1 for families. Must have source of income. Rent is 30% of income and 10% of income goes to savings. Must attend case management and community meetings and share house responsibilities.

Theresa Living Center

St Paul, MN 55106
917 E. Jessamine Ave.
(651) 774-5594

Residential transitional home for women with or without a child and includes staff coverage 24 hours a day, a private room for each woman with her child and common living areas. Women must be 18 or older and homeless. Also accept pregnant women. Must have a source of income, be busy with a scheduled activity at least 30 hours a week, and at least 90 days of sobriety.

Cabrini House

1025 6th St. SE
Minneapolis, MN 55414
(612) 331-4436
Contact: Diane McGowan

**Minnesota Aids Project
Transitional Housing Program**

1400 Park Avenue S
Minneapolis, MN 55404
(612) 373-2424

Contact: Rageena Ripple

For people who are HIV positive and need housing and placement. Must have a case manager for referral before consideration. (Waiting list from 2-4 months.)

House of Charity

510 South Eighth Street
Minneapolis, MN 55404
(612) 594-2000

Contact: Rachel Hatch

For people with chemical and alcohol dependency. Must be working. Also offer chemical and alcohol dependency treatment which is open to anyone.

Exodus Hotel (Catholic Charities)

819 2nd Ave S
Minneapolis, MN 55402
(612) 332-0815

Temporary (9 mos) SRO for single males & females, call for openings and bring \$77 money order, SS card & state ID, verification of income and employment (if any). Single room, no visitors allowed, \$62 every 6 days and \$15 security deposit.

Simpson Housing Services

2740 1st Avenue So.
Minneapolis, MN 55408
612-874-8683
612-879-0041 fax

A volunteer-based organization that provides free, safe, and clean nightly shelter for adults. Three meals provided. Lottery system for a bed each month. Plus a savings program.

Hope Harbor

53 Glenwood
Minneapolis, MN 55403
612-659-0705

Single room efficiencies. Thirty percent of income. Application and waiting list. Men and women.

***Damascus Way ReEntry Center**

5730 Olson Memorial Highway
Golden Valley, MN 55422
(763) 545-6558

weshard@covad.net

<http://www.damascusway.com/>

Referral-based Christian residential reentry program for adult men exiting jail.

***Midwest Challenge**

P.O. Box 7067
3044 Chicago Avenue South
Minneapolis, MN 55407
(612) 825-6871

www.midwestchallenge.org

Christian-focused work-release/reintegration residential program.

Longer-Term Housing

Last Contact: 11/12/04

*** St. Stephen's Human Services**

2211 Clinton Ave South
Minneapolis, MN 55401
612-874-9292

Contact: Richard Amos

Will help find an apartment and employment—specializes in finding housing for ex-offenders.

American House Apartment

352 Wacouta Street
St Paul, MN 55101
651-646-5256 or 651-222-5951

Low income housing/sleeping room. Must make less than \$16,100 a year. Approximately 4 month waiting list.

Rent approximately \$230-270 a month.

To apply, you are put on the waiting list then your rental history is checked, income is verified to make sure it is under \$16,100 a year, there is a felony background check and they may speak with your parole officer where applicable. They do rent to those with a criminal background regardless of crime. Person to person basis.

*** 9 to 5 beats 10 to Life**

651-247-8818

Contact: Michael Davis

Call to set up a meeting.

For ex-offenders re-integrating into society and are in need of permanent housing.

Own and rent out several properties in the Minneapolis and St. Paul area. Most are \$475 - \$840 a month depending on property and location. One bedroom houses, condominium and duplexes are available.

Available to everyone regardless of criminal background Please do not apply from within prison.

Updated: 7-26-06

Cornerstone

1000 East 80th St.
Bloomington, MN 55420
952-884-0376
952-884-2135 Fax

Contact: Heather Smith

Email: cstone@bitstream.net

Web: <http://www.cornerstonedv.com>

Help find apartments and teaches information on bad credit, background searches, and complaints about discrimination.

Housing Link

600 18th Ave N
Minneapolis, MN 55411
612-522-2500
612-333-4888 Hotline
9am – 4pm M-F

Web: www.housinglink.org

Email: info@housinglink.org

A resource for affordable rental housing information. Private market vacancy report updated weekly in metro area. Web site has links to affordable housing information.

Centro

1915 Chicago Avenue
Minneapolis, MN 55404-1904
612-874-1412
8:30am – 5pm M-F

Offer information on what housing is available. Also aids the Latino community by providing a community-meeting place for Latino families and their children, as well as assisting with job placement.

ESL and preschool childcare program for children ages 3-5 available

Model Cities Family Development

839 University Ave W
St Paul, MN 55104
651-221-4442

8am – 5pm M-F

Web: <http://www.modelcities.org/>

Families First Supportive Housing

Provides 21 units of safe, affordable, permanent supportive housing for homeless families who are homeless and in recovery from drugs and alcohol.

Model Cities Roof Project

Provides intensive case management to homeless young parents (age 17-25) and their children.

Also offers early childhood development, mental health, chemical health, social services, crisis intervention, supportive housing, and workforce development.

Emma's Place

2613 Van Dyke St.
Maplewood, MN 55109
651-747-8766

Contact: Shelly

Permanent housing with support services. 3 and 4 bedroom townhomes for single parents with 3 or more children with/or working towards custody. Must be homeless, have diagnosed mental, physical, or chemical disability, at least 90 days sobriety or completion of a recovery program, willingness to work or attend school at least 20 hours a week and qualify for Section 8. Interview process and waiting list.

Common Bond Communities

328 Kellogg Blvd. W.
St Paul, MN 55102-9904
651-291-1750

Web: <http://www.commonbond.org/>
47 housing communities available in the metro area including both affordable and low income. Price and availability vary by site. Call to apply.

Central Community Housing

505 E Grant St.
Minneapolis, MN 55404-1474
612-341-3148
Contact: Alan Arthur
Low income and family housing

Minneapolis Public Housing

Minneapolis, MN 55401
1001 Washington Ave N
612-342-1400
612-342-1999 Application Hotline

Low income housing. Call to apply

Minnesota Housing Finance

400 Sibley, Suite 300
St Paul, MN 55101
651-296-7608

Contact: Katherine Hadley

*Affordable apartments, loan programs
assisted rent for apartments, housing
vouchers, and vacancy lists*

Minnetonka Housing Authority

14600 Minnetonka Blvd.
Minnetonka, MN 55345
952-939-8285

Referral and housing information

Community Neighbors Housing

35 West Water St
St Paul, MN 55107
651-292-8710

*Offers home loan program and ownership opportunities
for low income families*

Corporation for Supportive Housing

2801 21st Avenue So. Suite 220
Minneapolis, MN 55407
612-721-3700
612-721-9903 fax

Contact: Mikkel Beckmen ext.109

*Supportive housing for those most in need people coping
with extreme poverty and mental illness, addiction or
HIV/AIDS*

Ford House

(Powderhorn Neighborhood)

3154 Bloomington Avenue So.
Minneapolis, MN 55407
651-221-0384

*Eleven - one bedroom apartments for people who are HIV-
positive. Will accept application. Waiting list.*

MICAH

122 West Franklin Avenue, Suite 310
Minneapolis, MN 55404
612-871-8980

*Helps people of all faiths to ensure decent, safe and
affordable housing in the Twin Cities.*

Reuben Lindh Family Services

Housing Resource Center
3616 12th Ave S
Minneapolis, MN 55407
612-724-0917

*Helps locate safe and affordable housing for families with
young kids*

Housing Advocate

Theresa L. Doss
Minneapolis Urban League South

Minneapolis, MN 55408

612-827-9268

*Provides assistance for people having problems with
housing due to criminal background, evictions, detainers,
ect.*

Housing in Olmsted County:

Maxwell Guest House

426 2nd Ave. S.
Rochester, MN 55902

Contact: Anastasia or Jim, 507-288-4821

*Large residence with 52 low cost single rooms. Can pay
monthly, weekly or daily. There is no maximum or
minimum stay length.*

Civic Inn

101 E. Center St.
Rochester, MN 55904
Contact: Paul, 507-289-3343

Low cost single rooms available. \$420-470/ month.

Rochester Network for Re-entry

Contact: Andy Kilen, 507-529-5799

*Offers 3 rental houses: 2 for men and 1 for women. Men's
houses hold 3 or 4, Women's house holds 3. 6 month
commitment with first 2 months free and then \$400/month.
One year maximum. Program offers bible study and some
group meals, also a bible study for client's children.
Application process required.*

Resources for Getting Jobs

Last Update: 8/21/06

NET Job Bank

*Employment services, job search, resume building,
individual employment support and counseling. Has
connection with many employers. Participants must live in
Mpls!*

3 locations:

Brian Coyle Community Center

420 15th Ave. S.
Minneapolis, MN 55454
612-338-5282

Unity House

2507 Fremont Ave. N.
Minneapolis, MN 55411
612-529-9267 (Paul Schulz)

Waite House

2529 13th Ave. S.
Minneapolis, MN 55404
612-721-1681

*** Wilder's Job Club**

1600 University Ave. Suite 223
St. Paul, MN 55104
651-644-8404

Job search services including job leads, resume preparation and counselor support; meets Monday thru Thursday, 9:30 AM (must be in office by 9:30). Eligible to those supervised by Ramsey County Probation or DOC supervised release, work release, CIP, or ISR. Have discounted Bus cards.

Twin Cities RISE!

800 Washington Ave. North, Suite 203
Minneapolis, MN 55401
612-338-0295

www.twincitiesrise.org

Employment training program to build skills in computers/keyboarding, writing, math, job seeking/interviewing and empowerment.

Requirements: Must be over 18 years if age and a MN resident, earned less than \$20,000 per year in the last two years, have less than \$7,000 in assets. Not currently a college student/degree holder.

*** Minnesota Federal Bonding Service**

PHONE: 651.296.8400

EMAIL: deed.jobbank@state.mn.us

<http://www.deed.state.mn.us/bonding>

Employers that hire ex-felons can get a no cost bond on them for \$5,000 for six months, which protects the employer from employee theft.

*** Tax Credits for Hiring Ex-Offenders**

Tax Credit Unit

Department of Employment and Economic Development
1st National Bank Building
332 Minnesota Street, Suite E200
Contact: 651.297.2219

Email: deed.wotc@state.mn.us

A Federal Tax Credit of \$ 2400.00 is available for hiring someone that has been released from prison in the last 12 months. Other groups qualify also. As of 12/31/05 the program expired but is expected to pass through legislation soon. Employers are encouraged to submit forms. Check web-site for more info.

*** www.nouturns.org :**

A national web site that links ex-offenders with employers, especially small businesses.

American Indian OIC

1845 East Franklin
Minneapolis, MN 55404
(612) 341-3358

Assists Minneapolis residents of all races and nationalities find full-time employment with programs in Career Exploration, Job Training, Placement and Support, GED and Adult Basic Education, High School Education, Postsecondary Education.

Brownfield's Worker Training Program

Free 7-week construction training opportunity designed and given by union trade members. Participants who complete the free 7-week Brownfield's training have a high

likelihood of getting placed in high-paying union construction jobs.
Call 612-766 9282 to register.

HIRED/Job-link

612-529-3342

www.hired.org

Employment Assistance programs and connection to job-link database

12/05: Carol Aharoni, does ex-offender placement- 651-999-5655; caharoni@hired.org

Project for Pride in Living

1035 East Franklin Avenue
Minneapolis, Minnesota 55404
Tel. 612.455.5100
Patrick Morley (651) 329-8215

Valley Staffing Inc.

2950 White Bear Ave.
Maplewood, MN 55109
651-779-9113

Contact: Rebecca, Pat, Chris
Temporary job referral service

Catholic Charities Job Services Program

740 East 17th St.
Minneapolis, MN
612-278-1120

Hotline: 612-664-8585

Connection people with jobs, assist with resumes, and help with transportation issues.

East Side Neighborhood Services

1929 Second St. NE
Minneapolis, MN
612-781-6011

8am – 5pm M-F

Career counseling, job-search skills, workshops, and job listings.

Job center hours vary.

Goodwill/Easter Seals

553 Fairview Avenue North
St. Paul, MN 55104
(651) 379-5800

provides skills/work experience training, job placement, general support services for offenders. Construction training program for offenders.

Employment Action Center

North Minneapolis:

3200 Penn Ave. N
612-752-8500

South Minneapolis:

1527 East Lake St., 2nd Floor
612-752-8500

Career counseling, workshops on job-search skills and self esteem. Resume and training assistance, mentors, GED classes, and job placement assistance. Fresh Start program for offenders 21 & under.

Minnesota Workforce Center

1-888-438-5627

Offers workshops and seminars, computer lab, resume writing and creative job search.

Most services at no cost.

Loring Nicollet Bethlehem Community Center

1925 Nicollet Ave. S

Minneapolis, MN

612-871-2031

One-to-one employment counseling and placement.

Receive job referrals and training to find livable wage jobs.

Minneapolis Public Housing Authority – Project Self-Sufficiency

600 18th Ave. N

Minneapolis, MN

612-342-1400

Helps with employment counseling, advocacy, and job link service to match people with jobs.

Twin Cities OIC – Summit Academy

935 Olson Memorial Hwy

Minneapolis, MN

612-377-0150

GED courses and vocational counseling.

English and math basic education.

Job training—plumbing, electrician, painting, carpentry

Women-Venture

2324 University Ave. W #200

St. Paul, MN

651-646-3808

Career assessment, workshops, and resource materials.

Support groups and assistance with starting a business.

Learning in Style

2608 Blaisdell Ave. S

Minneapolis, MN

612-870-1815

Adult basic education

ESL instruction, reading, writing, math, speaking, and citizenship classes.

Lifetrack Resources

709 University Ave. West

St. Paul, MN 55104

Main office phone (651) 227-8471

AND:

2001 Central Avenue NE

Minneapolis, MN 55418

Phone: 612/788-8855

free walk-in services to resource room for job-development, job searching, resume-writing, hrs. 8-4pm Mon-Fri. Website has job bank.

www.lifetrackresources.org

MPLS Employment & Training Program

250 S. 4th St., Room 510

Public Service Center

Minneapolis, MN

612-673-5700

8am – 4:30pm M-F

Services for unemployed, welfare recipients, dislocated workers, and older workers.

Vocational assessment & counseling, career change, and skills training.

Interview training, job search techniques, job placement, and development and much more...

Qualifications: Minneapolis, resident with low income. No fee.

Community Action of Minneapolis

2104 Park Ave. S

Minneapolis, MN

612-334-3672

8am – 5pm M-F

Provides support services for women on public assistance who are continuing education in preparation for employment.

Must be a member of the program.

No Fee.

Hennepin County Training & Employment Program

300 S. 6th St., Government Center

Minneapolis, MN

612-348-8953

8am – 4:30pm M-F

Job search program for individuals who receive food stamps.

Education Opportunity Center

612-659-6543

8am – 4:30pm M-F

Job/technical training for residents of Minneapolis.

Heath Careers Institute

Philips HCI (Minneapolis):

612-863-1782

Philips neighborhood and surrounding areas are eligible.

East Metro HCI (St. Paul):

651-647-1297

Education and training in heath professions (RN, LPN, radiology techs)

Financial assistance available.

The Unlimited – Elim Church

685 13th Ave. NE

Minneapolis, MN

612-789-3591

Open two Saturdays a month in the mornings. Call ahead.

Clothing for women entering the workforce.

Helpful when referred by agency, but not necessary.

Ready for Success

11562 Encore Circle
Minnetonka, MN
952-938-2333

Professional clothing for women returning to work.

Minneapolis Urban League

2000 Plymouth Avenue North
Minneapolis, MN 55411
612-302-3112
Contact: Terrence Jamerson
Career Counselor

TCOIC/Summit Academy

935 Olson Memorial Highway
Minneapolis, MN 55405
612-377-0150 ext. 102
Contact: Theresa Doss

Success for Men of Color

450 North Syndicate Street
St Paul, MN 55104
651-645-6693

Employment and training. Must be a resident in Ramsey or Washington Counties.

Short term Training 8 months: Computer training, General office System, Business Basics, Accounting and Carpentry. Pelt Grants available.

Women Planting Seeds (1/12/06)

Mary Whitney
612-558-5721

*Job referrals to felon friendly companies.
www.womenplantingseeds .org*

Hired Program

Sabathani Community Center
310 E 38th Street
Minneapolis, MN 55409
612-822-9071 ext. 110
Employment and training.

**Loring Nicollet Bethlehem
Community Center**

1925 Nicollet Ave
Minneapolis, MN
612-871-2031

Contact: Alaxann Shoofer

Adult employment and counseling every Friday from 9am to 11am.

***Construction Career Training Program**

Adolfson & Peterson Construction
6701 West 23rd St.
Minneapolis, MN 55426
952-544-1561
Contact: David Stricker
952-212-9038

ddstricker@prodigy.net

Construction career training program for referred x-offender applicants.

SonShine Catering, Inc.

7229 4th Ave. S.c.
Richfield, MN 55423
Contact: Tim Johnson
(612) 481-8600

Newly created faith-based training program for x-offenders. Referrals through prison ministries and CCTP collaborative.



Food Shelves

Last Update: 12/3/04

Most food shelves require people to bring in some form of identification such as a Social Security card for each member of the family, a piece of current mail with your name and address on it, or a driver's license, identification card or picture I.D. card. If possible, call ahead of time to know specifically what they need from you. To find the food shelf closest to you call "211" on any phone from Minnesota.

Community Emergency Services

1900 11th Ave. S.
Minneapolis, MN
612-870-1125

1:30pm – 4:15pm M-F
*Use limited to once per month.
No Fee.*

Cornerstone Ministries

3400 Park Ave. S
Minneapolis, MN
612-825-6863

1pm – 4pm Tues.
2pm – 5pm Thurs.
Use limited to once per month.

FARE for All

729 Casota Ave.
Minneapolis, MN
952-925-6265

Accepts cash or EBT card for Healthy food package: cost \$15.00.

In exchange for food, people must donate 2 hours of volunteer services.

Last Update: 12/3/04

Subathani Community Center

310 East 38th St.
Minneapolis, MN
612-827-5981

9am – 11:30am and 1pm – 3pm M-F
Must live in geographic area of:



Lake St. to 62nd St. and Nicollet to Cedar Ave.
Use limited to once per month.

Greater Lake Country Food Bank

554 8th Ave. N.
Minneapolis, MN
612-340-9694
Contact: Barbara
8:30am – 4:30 pm Tu & W
8am – 7pm Th & F
Low cost food, “pantry packs”, and “freezer packs” for \$9.95.

Pastor Paul’s Mission

1000 Oliver Ave. N.
Minneapolis, MN
612-521-4665
Contact: Jeanine Arnopoulos
9:30am – 11:20am M-F: Grocery Shelf Pick-up for those already registered with the food shelf. New registrations are also at that time.
12:30pm – 1:30 pm on Thursdays groceries are handed out to anyone in the mission parking lot. No pre-registration required. First come, first served basis.
If on SSI or SSDI, bring verification.

Urban Ventures-Peoples Exchange

3041 4th Ave. S.
Minneapolis, MN
612-822-1628
Contact: Judy
9am – 11am Tues & Thurs
Use limited to once per month.
Recommended to be there by 9am.

VEAP

9731 James Ave.
Bloomington, MN
952-888-9616
9am – 3:30 pm M-F
Serves Bloomington, Edina, and South Minneapolis.
Use limited to once per month.

NE Minneapolis Salvation Army

2727 Central Ave. NE
Minneapolis, MN
612-789-1512
8am – 4pm M-F (closed 12-1 for lunch) Open later on the second and fourth Thursday of the month for those who are working.

Call ahead for food shelf appointment.

North Minneapolis Salvation Army

2024 Lyndale Ave
Minneapolis, MN
612-522-6581

AFL-CIO – Greater Twin Cities United Way

312 Central Ave. SE
Minneapolis, MN
612-379-8133
8:15am – 4:30pm M-F
Food shelf for those who are unemployed, laid off, or injured.
No fee.

Church of Incarnation Food Shelf

3817 Pleasant Ave. S
Minneapolis, MN
612-822-2101
8:30am – 2:30pm Tues-Thurs
Serves residents within the borders of Nicollet Ave. on the East, Lyndale Ave. on the West, 31st St. on the North, and 50th St. on the South.
Small free store – Clothes, toys, books.
Emergency food – use once per month.
No Fee.

Simpson Food Shelf

2740 1st Ave. S
Minneapolis, MN
612-874-7741
9:30am – 12:15pm Tues – Fri
Must live in the neighborhood of Franklin Ave. on the North, Lake St. on the South, Portland Ave. on the East, and Lyndale Ave. on the West.
Limited to once per month.

Pilot City Neighborhood Services

1315 Penn Ave. N
Minneapolis, MN
612-348-4700 or 612-348-4716
Contact: Margaret Awasum
9:00am – 1:00pm & 2:00pm – 4:00pm M-F
5pm – 7pm W

Provide a 3 day supply of food for families experiencing a temporary food shortage.
Baby formula and food available.
Good education program and cooking classes. No Fee.
Use limited to once per month.

Sharing & Caring Hands

525 North 7th St.
Minneapolis, MN
612-338-4640
10am – 3:30pm M-Th
Open to those not eligible at other food shelves. Once per week.
No residential restrictions. No Fee.

Bethesda Baptist Church

1118 S. 8th St.
Minneapolis, MN
612-332-5904
9:30am – 11am M
1pm – 5pm Sat
No residency restrictions No Fee.

Glendale Food Shelf

92 St. Mary's Ave. SE
 Minneapolis, MN
 612-342-1954

10am – 4pm Tues-Thurs

Use once per month. Residents of SE Minneapolis No Fee

Nutrition Education Programs

1525 Glenwood Ave. N.
 University of Minnesota
 Minneapolis, MN
 612-374-8451

Services include:

-How to save money at the grocery store.

-Fix fast and healthy foods.

-Plan and prepare meals.

-Maintain healthy weight.

No cost for families with limited resources.

Free Meals

Last Update: 12/3/04

Bethlehem Lutheran Church

2200 Fremont Ave. N.
 Minneapolis, MN
 612-377-9810

Dinner: 5:30pm – 6:30pm M-F

Branch III

740 East 17th St.
 Minneapolis, MN
 612-375-9476

Breakfast: 7:15am – 8am M-F

Lunch: 11:30am – 12:15pm M-F

Cathedral of St. Mark

519 Oak Grove
 Minneapolis, MN
 612-870-7800

Hot meal served second Sunday of each month. (5-6pm)

Harbor Light Center

1010 Currie Ave.
 Minneapolis, MN
 612-338-0113

Meal: 6pm – 6:30pm Daily

Hennepin Ave. United Methodist Church

511 Groveland Ave.
 Minneapolis, MN
 612-871-5303

*1st and 5th Sunday of the month
 (5-6pm)*

Holy Rosary Church

2424 18th Ave. S
 Minneapolis, MN

Meal: 5:30pm – 6:30pm M-F

House of Charity

714 Park Ave. S
 Minneapolis, MN
 612-594-2000

*Breakfast: 8:30am – 9am Daily
 (Women or adults with children)*

Lunch: 12pm – 1:30pm Daily

(Open to everyone)

Lovepower Church

1407 Washington Ave. S
 (Corner of 35W and Washington)
 Minneapolis, MN

612-784-4466 or 612-673-0087

1pm – 2:30pm on the 4th Sunday of the month.

Marie Sandvik Center

1112 East Franklin Ave.
 Minneapolis, MN
 612-870-9617

Hot Meal: 7pm Tu, F, and Sun.

Summer lunch club for children only served M-F in June and July

Plymouth Congregational Church

1900 Nicollet Ave. S
 Minneapolis, MN
 612-871-7400

Hot Meal served the 3rd Sunday of the month from 5-6pm

St. Stephens School Cafeteria

2123 Clinton Ave. S
 Minneapolis, MN

Meal: 5:30pm – 6:30pm M-F

Sharing and Caring Hands

425 North 7th St.
 Minneapolis, MN
 612-338-4640

Meal: 3:30pm M-Th

9:30am – 12pm Sat & Sun

Temple Baptist Church

3100 Columbus Ave. S
 Minneapolis, MN
 612-872-7855

Dinner: 3-4pm Sundays during winter months.

Waite Neighborhood House Community Dinner

2529 13th Ave. S
 Minneapolis, MN

Meal from 10:30am – 1:30pm M-F

Wesley United Methodist Church

101 East Grant St.
 Minneapolis, MN

Meal at Noon on Saturdays.

Doors open at 11:30am

Able to serve the first 120 people

Westminster Presbyterian Church12th St. and Nicollet Ave. S

Minneapolis, MN

612-332-3421

*Meal on the 4th Sunday of the month from 5-6pm.***Child Resources**

Last Update: 12/3/04

Birthright78 South 9th St. Suite #702(Corner of 9th St. and Nicollet Mall, downtown)

Minneapolis, MN

612-338-2353

10am – 2pm M-F

*Provide clothing during pregnancy for mother and child, assist in finding community resources, offer supportive help throughout pregnancy.**No baby furniture available.**No appointment needed, just walk-in.**Items are free.**Bring in ID and/or piece of current mail with name on it.***Cradle of Hope**

1935 W. County Rd. B2 #241

Roseville, MN 55113

651-636-0637

*Offer assistance with rent, medical, housing, food, clothing, and cribs for pregnant women and their children.**Pregnancy needs up to 3 months after birth.**Eligible for MN residents.***City Life Center**

1909 Nicollet Ave. S

Minneapolis, MN

612-874-1808

10am – 3pm

*Offer baby items. May help with financial resources. Call before going, please.***Life Care Center****Northside**

4320 Lyndale Ave. N

Minneapolis, MN

612-522-6589

8:30am – 4:30pm M-F

Southside

4105 Chicago Ave. S

612-823-0301

11am – 2pm M-F

*Maternity and baby clothing, diapers, and formula available.**Limits apply. Call for information.**Possibly baby items such as cribs and strollers available.**Items are free, but there is a short application process.**Some items may not be available right away. They will contact you when they come in.***Life Care Center can give referral for Cradle of Hope***Marie Sandvick Center**

1112 East Franklin Ave.

Minneapolis, MN

612-870-9617

9am – 5pm M-F

*Give out Layettees which include: Baby clothes, bottles, diapers, other supplies.**No fees, no requirements.**Attend a lunch on Thursday at noon; they give out the layettes at that time.***University Life Care Center**

2331 University Ave. SE #130C

Minneapolis, MN

612-623-3211

24 Hour phone service

*Baby and maternity clothing as well as diapers available.**No fee.***Daycare****Greater Minneapolis Daycare Association**

612-341-2066

8:30am – 4:30pm M-F

*Call to receive a complete list of open daycare's in the area of your choice.**Sliding fee based on income.**Must be a Hennepin County resident.***Hennepin County Childcare Assistance**

612-348-5937

*Call for an application to get childcare assistance or subsidy.**MFIP member or sliding fee based on income.***MN Parents' Fair Share**

50 West Kellogg, Ste. 415, St. Paul, MN 55102

651-266-2905

*For unemployed or under-employed non-custodial parents who owe child support in Anoka, Ramsey, or Dakota counties. Offers employment services (including interview clothes, resume, and voicemail), driver's license reinstatement, peer support, reduced payments on public assistance cases.***Care Seats****If you have MEDICA as your health plan: call Medica at 952-992-2322.***If you have U-CARE as your health plan: call U-Care at 651-603-5359.***Children's Hospital**

612-813-6816

*Low cost car seats (\$40 for car seat/carrier)**Car seat rental program (\$22 for car seat only)**Call for appointment.**Usually takes 3-4 weeks to get the car seat.***Minnesota Safety Council**

Highway 94 & Dale Ave.

St. Paul, MN
651-291-9150

*Brand new car seat for \$10
Can be used up to 5 years old.
Bring proof of being on MFIP or WIC.
Must attend a 1 hour class on car safety for babies.
Call for openings.*

Legal Assistance

Last Updated: 12/10/04

Legal Assistance to Minnesota Prisoners (LAMP)

William Mitchell College of Law
875 Summit Avenue, Room 254
St. Paul, Minnesota 55105
Contact: Brad Colbert
Phone: 651.290.6413
Fax: 651.290.6407
bcolbert@wmitchell.edu
Law students provide civil representation to indigent persons incarcerated in Minnesota. Generally take cases from Stillwater and Shakopee.

Robert Manson

Resource Center for Fathers
2233 Hamline Ave. North
Suite 609
Roseville, MN 55113
(651-604-0711)
Provides volunteer attorneys. Inmates can contact Robert by mail for help with legal matters. Mostly family law.
Other contacts at the Resource Center for Fathers:
Sean Linnan- 651-312-1201: *does not like mail from incarcerated individuals- attends family law clinics.*
Dirk Schweigert (sp?) - 651-303-3809

Legal Aid – Northside Office

2507 Fremont Ave. N.
Minneapolis, MN
612-588-2099
1pm – 4pm M-W & F

Legal Aid – Southside Office

2929 4th Ave. S #201
Minneapolis, MN
612-827-3774
8:30am – 4:30pm M-F

Legal Aid Society Inc.

430 N. 1st Ave. #300
Minneapolis, MN
612-334-5970
Office Phone: 612-332-1441
8:30am – 4:30pm M-F
By appointment only.
For protection and advocacy of individual rights.

Volunteer Lawyers Network

612-752-6677

9am – 4pm M-F

Central Minnesota Legal Services

430 1st Ave. N #359
Minneapolis, MN
612-332-8151
*Available for non-criminal legal assistance.

Legal Rights Center Inc.

1611 Park Ave.
Minneapolis, MN
612-337-0030
9am – 5pm M-F

Legal Assistance for Women Program: Chrysilis

4432 Chicago Ave. S
Minneapolis, MN
612-871-0118
9am – 9pm M-Th
9am – 5pm F
Law clinics offered to women dealing with divorce, custody, or child support issues.

Tubman Family Alliance

3111 First Ave. S
Minneapolis, MN
612-825-3333
*Legal consultations to Hennepin County residents who have experienced domestic violence.
No fee if eligible.*

Brian Coyle Community Center

420 15th Ave. S
Minneapolis, MN
612-338-5282
*Offers free legal assistance one afternoon per week.
Open to all communities with focus on the Cedar Riverside neighborhood.
Some programs have a \$1-10 fee.*

University of MN – Civil Practice Clinic

229 19th Ave. S
190 Law Building
Minneapolis, MN
612-625-5515
*Legal assistance for non-criminal problems.
Divorce cases accepted.*

Education

Last Updated: 12/10/04

Basic Skills Hotline

1-800-222-1990
MIV Literacy Council
Find a GED, diploma, ESL, or other classes near you.

Lehman Center

1006 West Lake St.
Minneapolis, MN
612-668-3939

Preparation courses & testing for GED and ESL. Home study videos.

Franklin Learning Center

612-630-6830

1pm – 8:30pm M-Th

10am – 5:30pm T & W

Preparation courses for the GED with one-on-one assistance. In the basement of the Franklin Library.

Loring Nicollet Bethlehem

1925 Nicollet Ave. S

Minneapolis, MN

612-871-2031

8:30am – 3:30pm M-Th

GED preparation courses available.

Basic reading, writing, and math.

Eligibility based on service.

Brian Coyle Center

420 15th Ave. S

Minneapolis, MN

612-338-5282

8am – 8:30pm M-F

9am – 5pm Sat

ESL, citizenship, and home study videos.

Urban League

612-302-3100

Financial aid & resources

Pratt Community Center

66 Malcolm Ave. SE

Minneapolis, MN

612-668-1122

8:30am – 4:30pm M-F

GED preparation

Learning in Style

2608 Blaisdell Ave. S

Minneapolis, MN

612-870-1815

9am – 4pm M-Th

9am – 2pm F

ESL instruction & basic education in: reading, writing,

math, speaking, citizenship, and computer assistance.

Eligibility includes limited English speaking adults 18 or older.

Minneapolis American Indian Center

1530 East Franklin

Minneapolis, MN

612-879-1755

8am – 4:30pm M-F

GED preparation

Services open to anyone.

Summit Academy

935 Olsen Memorial Highway

Minneapolis, MN

612-377-0150

Education & vocational training in computers, general office systems, accounting, and carpentry.

Work ethic training to prepare people for the workplace. No fee for youth programs.

Tuition for adults, financial aid available.

-Youth Services Network: ages 10-18

-Youth Build Programs: ages 18-24

Adult Programs: ages 18+\

Heath and Medical Care

Hennepin County Medical Center

701 Park Ave.

Minneapolis, MN

612-347-3161

24 Hours

Hennepin County Mental Health

525 Portland Ave.

Health Service Building, 4th Floor

Minneapolis, MN

Information #: 612-347-5770

Intake #: 612-347-6017

Support Groups

612-335-5000

*Call for listings, times, and dates of all support groups.

Alcoholics Anonymous

952-922-0880

www.aaminneapolis.org

Narcotics Anonymous

952-939-3939

Cocaine Anonymous

763-323-3350

Hennepin County Receiving Center

1800 Chicago Ave. S

Minneapolis, MN

612-879-3501

8am – 4:30pm M-F

Service for individuals dealing with chemical or drug addictions.

FMC

5 West Lake St.

Minneapolis, MN

612-545-9000

Red Door Clinic

525 Portland Ave. 3rd Floor

Minneapolis, MN

612-348-6363

11am – 7pm M

8am – 4pm T-F

Free testing and treatment for any sexually transmitted infection.

Walk-in appointments.

Planned Parenthood of MN

Minneapolis:

1200 Lagoon
612-823-6300

Brooklyn Park:

6900 78th Ave. N
763-560-3050

Call 1-800-230-7526 for other locations near you.

Services include:

Exams

Midlife services

Birth control

Pregnancy testing, education, and counseling.

Sexually transmitted infection testing.

HIV / AIDS testing

St. Mary's Health Clinic

651-690-7029

Call for the location near you.

Free if you qualify.

Harbor Light Center

1010 Currie Ave.

Minneapolis, MN

612-338-0113

8am – 11 M, W, & F

Hennepin County Healthcare for the homeless.

Basic healthcare services.

Central Avenue Clinic

2610 Central Ave. NE

Minneapolis, MN

612-781-6816

Pregnancy testing and counseling.

There is a sliding fee for those with no insurance and low income.

Pilot City Healthcare

1313 Penn Ave. N

Minneapolis, MN

612-302-4600

Sliding fee if no insurance.

Sheridan Women & Children's Clinic

342 13th Ave. NE

Minneapolis, MN

612-362-4111

Complete well child healthcare

Parenting guidance

Sliding fee for those without insurance.

Dental Care

Pilot City

1313 Penn Ave. N

Minneapolis, MN

612-302-4600

For emergency use call exactly at 10am for next day appointment.

Children's Dental Services

1415 Hennepin Ave. S. Suite 507

Minneapolis, MN

612-359-1544

Must have medical insurance without dental coverage.

Community-University Health Care Center

2001 Bloomington Ave. S.

Minneapolis, MN

612-627-4774

Normandale Community College Dental Clinic

9700 France Ave. S

Bloomington, MN

952-832-6360

September 1st – May 1st

Sharing & Caring Hands

525 North 7th St.

Minneapolis, MN

612-338-4640

All services are free.

Southside Community Clinic

4243 4th Ave. S

Minneapolis, MN

612-822-4383

University of Minnesota Dental Clinics

515 Delaware St. SE, 7th Floor

Minneapolis, MN

612-625-2495

Uptown Community Clinic

2431 Hennepin Ave. S

Minneapolis, MN

612-374-4089

Limited services available.

Other Social and Health Services

Salvation Army – Northside

2024 Lyndale Ave No

522-6581

M – F, 8:30am – Noon, 1 – 4:30pm

The Salvation Army

2445 Prior Avenue

Roseville, MN 55113-2714

(651) 746-3400

Assists in meeting the basic needs of individuals and families by providing food, counseling, shelter, and other emergency assistance.

Emergency Assistance – EA

Families:

Century Plaza
330 So 12th St
948-3400

Adults without children:
Hennepin Co Economic Assistance
330 So 11th St
348-2722

Elderly or Disabled
Ramar Building
111 East Franklin Ave
879-3030

CD/Mental Health Services

African American Family Services	612-871-7878
American Indian Center	612-871-4555
Chrysalis	612-871-0118
CLUES	612-871-0200
Indian Health Board	612-721-9872
MN Indian Women’s Resource Center	612-728-2000
Operation DeNovo	612-348-4005
Turning Point	612-588-9411
Volunteers of America (ages 55+)	612-617-7835
Women’s Service of Prevention Alliance	612-874-1030

African American Family Services

612-871-7878
2616 Nicollet Ave S.
Minneapolis, MN 55408-1628
The mission of the agency is to empower the African American individual, family, and community reach a greater state of well-being through the delivery of community-based, culturally specific chemical health, mental health, and family preservation services.

Big Brothers Big Sisters of the Greater Twin Cities

2550 University Ave., Suite 410N
St. Paul, MN 55114
(651) 789-2462
Creates long term friendships for children with committed responsible adult volunteers to promote healthy child development.

Boys and Girls Clubs of Twin Cities

2575 University Ave. West, Suite 100
St. Paul, MN 55114-1029
(651) 999- 0600
Inspires and enables all young people, especially those from disadvantaged circumstances, to realize their full potential as productive, responsible, caring citizens.

Centro

1915 Chicago Ave. South
Minneapolis, MN 55404-1904
(612) 874-1412
Provides some legal services to low income Spanish-speaking and Latino people throughout the metro area.

City, Inc.

1315 North 12th Ave
Minneapolis, MN 55411-4045
(612) 377-7559
Multi-cultural, multifaceted agency serving inner-city young people and their families.

Northside Community Support Center

1501 West Broadway
521-2116
M – F 12:30 – 4pm
Services such as counseling, case coordination, assistance with benefits, and advocacy are available from 8:30am – 5pm Mon – Fri

West Seventh Community Center, Inc.

265 Onieda Street
St. Paul, MN 55102
(651) 298-5498
Offers case management, individual and family counseling, crisis intervention, advocacy, parenting education and support groups, referrals for chemical dependency counseling, job market preparation, and school consultation to multicultural families.

Pillsbury United Communities

1201 North 37th Ave.
Minneapolis, MN 55412-2005
(612) 302-3400
Provides childcare, employment, parent education, crisis advocacy, and a community barter program. Primarily for residents of Bancroft, Powderhorn, Bryant and Central neighborhoods of South Minneapolis.

Phyllis Wheatley Community Center, Inc.

915 Emerson Ave. North
Minneapolis, MN 55411-4135
(612) 374-4342
Assists Northside African American families and community neighbors in developing their children and in setting and achieving persons, family and community goals for self-sufficiency.

La Oportunidad, Inc.

2700 East Lake Street, Suite 3100
Minneapolis, MN 55406
(612) 872-6162
Helps youth find positive life directions as alternative to crime and violence. Also offers parenting skills to help parents support their children’s health development and success in school

Pilot City Neighborhood Services

1315 Penn Ave No
Minneapolis, MN 55411-3095
348-2255
Provides a variety of services and resources for adults and children in residents living in Minneapolis. Comprehensive social services for residents of north Minneapolis.

Provides financial help, home repairs/furnishing, and school supplies.

Minneapolis Urban League

2100 Plymouth Ave. North
Minneapolis, MN 55411
612-302-3100

***Correctional Transition Services Inc (CTSI)**

Correctional Transition Services Inc.

2308 Dowling Ave North

Minneapolis, MN 55412

612 588-7530

612 588-7530 (Fax)

information@ctsihome.org

<http://www.ctsihome.org/>

Day One Program for offenders transitioning back into society.